

PEER SUPPORTERS 2023-24



Hi! My name is **Athmaja**, a second year law student from Dubai. I love reading, listening to podcasts and exploring the food in London.

In my first year at LSE, I struggled to adjust to life at university especially in terms of finding friends and managing the workload while taking care of my mental health. Sometimes, it can make a world of difference to simply have someone to talk to- I would love to be that person to you, so feel free to reach out if there is anything at all that you want to talk about or if you simply want have a friendly chat with a fellow LSE student.

A.K.Bijo@lse.ac.uk



Hey there!

I'm **Naveen**, a third year International Social and Public Policy with Politics student from Singapore. I love trekking, reading and binge-watching Netflix in my free time!

If you ever need to talk about anything, I'm always available for a chat, walk or a coffee. In fact, even if you don't, please hit me up – I've spent my first year studying remotely and am new to London!

n.venkatanarayanan@lse.ac.uk



Hey! My name is **Rachitha** and I'm a second-year BSc Economics student from India. In my free time, I love reading books, watching mystery movies and going on spontaneous walks around London!

The workload and competitive nature at LSE can be overwhelming at times and as an international student, I can totally relate to feeling a little lost and homesick when you first arrive. If you're struggling just know that things will most definitely get better and reaching out for support can go a long way! I'm more than happy to arrange a chat to talk about anything that's bothering you and we can figure it out together :)

R.Raghuram@lse.ac.uk



Hi! I'm **Saachi** and I'm a second year Psychological and Behavioural Sciences student from India. Being an international student, I have experienced feelings of homesickness and budgeting while trying to meet new people and understand the pressures of being a student at LSE. In my free time, I love to read romcoms, go on walks, binge watch shows and listen to Taylor Swift.

I'm almost always on campus and happy to talk about anything big or small from friends and family to academic pressure. Feel free to reach out for a coffee, a walk or even just to hang out ☺

s.sabnis@lse.ac.uk



Hey! I'm **Leon**, a second year International Relations and History student. My free time is spent reading, writing music, and at the gym.

LSE is challenging and overwhelming, particularly given the last two years, especially on top of any personal problems, family difficulties, and any other complications, big or small. I'm a big believer in the power of talking and sharing, so I'm always up for a chat or a coffee, whatever works. Get in touch :)

l.madakbas@lse.ac.uk



Hi, I'm **Selena**, a third-year management student at LSE. I was born and raised in China. In my free time, I enjoy restaurant exploration and aimless walking in London. I have various interests, such as badminton, table tennis, gym and drama, but I'm not professional in any of them. I would like to try climbing, tennis and CrossFit next, maybe some astrology as well.

I'm an open-minded listener with a warm heart. Feel free to get in touch if you want to talk about anything!

y.wei41@lse.ac.uk



Hey! My name is **Pranjali**. I'm from India and am entering my third year as an International Relations and History student.

When I am not working, I love reading, watching sports (especially cricket and Formula One), and catching up on new movies. I habitually take long walks through London to find new parks, bookstores, and cafés.

If you'd like to talk about something, or even if you'd just like to hang out, please feel free to reach out to me at

p.j.goradia@lse.ac.uk



Hi, my name is **Layla**. I am a second year Anthropology and Law student. I was raised in South London and my family is from the West Indies (Jamaica and Barbados!). I lived in accommodation first year and I find joy in creative activities, music and spending time with friends :)

Please do not hesitate to get in touch with me if you would like to talk about anything!

L.Fyffe1@lse.ac.uk



Hey! I'm **Emily** and I'm a second year Philosophy, Logic and Scientific Method student from Wales.

I understand firsthand how tough and intimidating university life can seem and sometimes be. It's an incredibly daunting time of your life but I assure you that there are so many people that are here to help in any possible way that they can.

I love going for walks, drinks (nothing beats a good pub), listening to music and eating an unhealthy amount of cheese. I'm quite a bubbly personality and I'm happy to talk about absolutely anything! If you ever feel like you need a chat or some company, please email me and I'm sure we can think of something fun to do 😊

e.browne@lse.ac.uk



Hey! I'm **Omar**, a second-year Economics student from London. My free time is spent playing guitar, watching movies and going out.

Life at LSE can certainly be challenging, but with a good mindset and the right guidance these challenges can be overcome. If you need any support, I would be more than happy to help; feel free to contact me on this email address and we can arrange a coffee, a walk, etc.

O.Pozder@lse.ac.uk



Hi there! I'm **Adib**, a final year accounting & finance student from Malaysia. During my free time, I enjoy running along the Thames, cycling, swimming, going places, an avid aviation geek and I'm also a huge fan of Formula 1 #superMax.

Being 7000 miles away from home, I have experienced homesickness and the challenges to do well in every aspect at LSE. If you need help with anything, I'm always available for a chat or just an ear to rant. In fact, even if you don't, please hit me up! Maybe we can be good friends especially if we share the same hobbies 🤗

a.n.bin-fadzil@lse.ac.uk



Hi! I'm **Zhou**, you can also call me Arya. I'm a second-year student from China studying Mathematics with Economics.

Last year, I struggled to survive! It was hard to find friends or keep up with my studies, but I hold the belief that all hardships eventually diminish with time. If you're in any difficulty and want to talk about anything, it's my pleasure to help!

y.zhou167@lse.ac.uk



Hey! I'm **Meghan**, a 2nd year Accounting and Finance student.

Moving to London and adjusting to life at University is something that can be very overwhelming. It can be difficult to manage the workload, meet new people and deal with feelings of home sickness. I know that I struggled with many of these things initially, but it really does get better!

If you ever need a friendly face to talk to about any worries you have, whether it be about University or not, I will always be happy to have a chat. Please don't feel scared to reach out!

You can contact me at m.ambrose1@lse.ac.uk



Hi! My name is **Saskia** and I'm a second year student studying International, Social and Public Policy with Politics.

Whilst LSE and London are great, studying and living here can be incredibly overwhelming. A competitive environment like ours can be hard to adjust to and quickly become stressful, especially if you're feeling homesick or dealing with external issues, so please don't hesitate to reach out!

S.Murphy4@lse.ac.uk



Hiya! I'm **Akhila**, a third year Social Policy and Economics student currently staying at Bankside, and I was born and raised in Scotland!

In my free time I like leaving London for the day and going on hikes/exploring random towns. I understand how emotionally draining LSE (or even London in general) can be, especially on top of any stresses coming from your personal life. I'm always down for a chat or grabbing a coffee/tea near campus, whatever you prefer! Please feel free to get in touch! :)

A.Potluru@lse.ac.uk



Hi! I'm **Caitlin**, a second year History and Politics Student from Cornwall and Wales. In my free time I like reading, running, shopping, and spending time in nature.

The academic stress at LSE is definitely something I have experienced as well as homesickness. So, if there's anything at all you want to chat about, I'm more than happy to listen and figure things out together! Even if you just want to hang out with another LSE student, feel free to reach out.

C.Murphy10@lse.ac.uk



Hello! My name is **Sumayyah** and I'm a 3rd year Psychological and Behavioural Sciences student from London. I grew up in London and have stayed at home throughout my time at university, so I am pretty familiar with the city! In my free time I like reading and learning new crafts.

As a commuting-student, I understand and relate to the struggles of feeling isolated at university. LSE is a competitive place that can feel really overwhelming at times. Difficulties fitting in, struggles with the work or with finding people to connect with can make university feel impossible.

I'm always happy to meet for a chat to talk through anything you'd like – feel free to reach out:

s.chaudhry4@lse.ac.uk



Hi! My name is **Priyadarshan**, though everyone knows me better as Priya. I'm a third year BSc Economics Student from Sri Lanka! I spend my free time listening to as much music as I can, hanging with friends or at the gym.

My two years so far at LSE have been life changing. At first, it was overwhelming and hard to keep up with balancing everything happening around me. But I've grown a lot since I first joined, and it takes time to really grow into your own. So, if you ever feel like you want to have a chat about anything to do with your academics, family, friends, or life in general, I'd be happy to meet up and talk :)

p.logeswaran@lse.ac.uk



Hiya, I'm **Narcis** and am now a 2nd year Economics student.

A bit about me, I really enjoy rock climbing and camping when I can. I found my first term last year quite overwhelming as everything seemed to come at once! Things soon got easier as I started figuring things out. I would be very happy to share anything that makes life at LSE easier or just to have a chat. I spend half my life at the Caffe Nero opposite campus, so would be great to have a chat over coffee about anything!

N.Toderita@lse.ac.uk



Hi! My name is **Annie**, a second year International Relations student. I was born in Ireland, but have since lived in China, Singapore, and Germany. These experiences have also informed my interest in language learning and intercultural communication. In my free time I enjoy hanging out with friends, exploring London, reading, and listening to podcasts.

I totally understand that university may feel challenging and overwhelming at times, so feel free to reach out if you would like to chat over a cup of coffee, take a walk in Lincoln's Inn, meet at halls, or on campus!

A.K.Yan@lse.ac.uk



Hi guys! I'm **Emma**, currently a second year International Social and Public Policy student from Vietnam.

As an international student in the UK for a few years leading to university, I find it both exhausting and exciting when settling in a new environment, dealing with homesickness and your mental health while creating a balance work-social life. If you ever feel like you need someone to talk to about anything, I'm always up for a coffee chat or some de-stress activities.

C.M.Do@lse.ac.uk



Hi! I'm **Jenni** and I'm a second-year History student from Finland. In my free time I enjoy reading, going to the gym, and exploring London.

As an international student myself, I know that moving to a new country and adjusting to a new way of life can be an overwhelming experience, especially while trying to stay on top of your academically challenging workload. Moreover, challenges and conflicts in personal relationships might make you feel like you need someone to talk to. I'm always happy to have a chat and help you with whatever you might be going through, whether it's personal or academic.

J.A.Laitinen@lse.ac.uk



Hi! My name is **Maha**, a third year law student from Manchester. I love exploring London, watching movies and reading in my spare time.

LSE's competitive environment can sometimes be extremely overwhelming regardless of who you are and where you come from.

Speaking to someone else about your experience can make a huge difference and if you ever need support I am here to help. Having a friendly face around campus can make all the difference and I am more than happy to help 😊

M.Zafar5@lse.ac.uk



Hey! My name's **Parniyan**, I'm a 3rd year Sociology student from Pakistan.

I love music and nature! If you ever catch me around campus, you'll either spot me with my headphones, taking pictures of flowers, or both! Keeping myself busy with art, music and being outdoors are my favourite cures to homesickness.

University can be tough, and even lonely at times, but you don't have to go through it alone! I'm always around for a talk or even just to hang out with some coffee! Don't hesitate to get in touch!

p.bashar@lse.ac.uk



Hello! My name is **Carina**, and I am a second-year law student. I enjoy listening to obscure podcasts, running, reading, and exploring new food spots around London.

Coming from the other side of the world in New Zealand, I understand the struggle of homesickness and the shock of being in a completely different environment. I am more than happy to talk with you about any worries or struggles that you want to share with someone.

C.Lu26@lse.ac.uk



Hi, my name is **Isolde** and I am a Political Science MRes student. In my free time, I love to spend time with my friends over coffee and pastries, go bouldering, and enjoy visiting museums and the theatre.

I am originally from Germany and have lived in the UK for a few years now as I also did my BSc at LSE. This means that I can relate to the ups and downs of settling into student life in London for the first time as well as starting a new chapter abroad. Feel free to reach out if you would like to talk about what is on your mind over a cup of tea or on a walk.

i.h.hegemann@lse.ac.uk



Hey! I'm **Sakshi**, a second-year Sociology student born in India and raised in Hong Kong. In my free time, I love to practice taekwondo, try new cafes, and explore London with friends.

As an international student and an introvert, I can fully relate to the struggles of finding friends and building your life afresh in a new environment - all while trying to find a balance between academia, social life, and mental wellbeing. But I find talking about issues, whether big or small, always helps, so feel free to reach out for a friendly chat or an ear to vent to about anything :)

S.Gupta123@lse.ac.uk



Hi, I'm **Maya** from England.

I'm going into my second year studying BSc Politics and International Relations.

Please do not hesitate to get in touch, I'm happy to be flexible around your preferences so I can meet virtually or in person.

M.B.Nourse-Grewal@lse.ac.uk



Hiya! I'm **Amara**, a second year Politics and Data Science student.

When I'm not in classes or lectures I'm either in the library studying with my friends or training in the Weston Studio as a member of Pole Fitness Club, so I'm almost always around! I love exploring London, both on foot and by bike (Santander bikes are a must-try!), and getting involved in the social aspect of LSE through clubs and societies. In my first year I struggled most with trying to achieve the perfect work-life balance for me, often feeling inadequate as someone who doesn't yet know what they want to do for a career. LSE is full of very ambitious people, so it is easy to feel like you're not doing enough.

Everyone has their own unique experience of university, and simply talking to someone about any struggles is a great step in overcoming them! So please feel free to get in touch if you need to chat about anything :)

A.Otero-Salgado@lse.ac.uk



Hey there! I'm **Amit** and I'm going into my third year studying Law. I'm from Cambridge and have lived there all my life. In my free time, I enjoy pretty much all things music and tennis, going on walks to clear my head, and binging the newest Netflix release!

If you ever need to talk, I'm always available for a chat, coffee, walk or really anything you have in mind! Even if you need a simple distraction, feel free to hit me up and I'll be glad to accommodate :)

a.r.pandya@lse.ac.uk



Hi, my name is **Maximilian (Max)** and I am a second year studying Philosophy and Economics from Vienna, Austria. In my free time I enjoy playing chess and reading novels.

Settling into and studying at the LSE can be challenging and overwhelming, and talking to a fellow student can be a good way to overcome the feeling that one is alone with one's worries! I am available for a chat, walk or coffee, whichever you prefer.

M.E.Bankier@lse.ac.uk



Hi guys, my name is **Akshat** and I'm from India, studying economics. I'm a huge nerd with particular interests in television, movies and Star Wars. I'm a big fan of comedy so I'm down for live shows or watching Netflix Specials! I'm moderately into fitness and wouldn't say no to any sport you invite me to play. I follow football and try to follow F1 as well. Other hobbies include cycling, LinkedIn scrolling and movies.

As an international student, I can empathize with the initial sense of being lost and homesick upon arrival. If you're facing challenges, please know that things will improve, and seeking support can be immensely helpful. I'm more than happy to set up a chat to discuss any issues that may be on your mind.

A.Adlakha@lse.ac.uk



My name is **Derin**, a second year Language, Culture and Society student from Istanbul. I love to explore London, go out with friends, and read during my free time.

I came to London for the first time when I started university, so I know what it's like being an international student trying to figure yourself out in a foreign country. If you ever need to talk about anything- do reach out! I'm practically always on campus and would love to have a chat over coffee or a walk to talk about anything big or small.

d.bohcaci@lse.ac.uk



Hi there! I'm **Jingyu**, and I'm in my third year of studying sociology. I'm originally from China. During my free time, I enjoy spending time in nature, traveling solo, and watching YouTube.

As an international student, I've faced challenges like missing home and dealing with cultural differences. I've had to learn how to fit into a new place, make friends, and adapt to different teaching styles.

If you're going through similar experiences and need someone to talk to, I'm here to listen. I can connect you with resources and services, on and off campus. We can have a chat or go for a walk – whatever you're comfortable with. Don't hesitate to reach out!

j.ruan6@lse.ac.uk



Hey there I'm **Sam**, a second-year undergrad studying Politics.

LSE can feel like a warzone when starting to say the least, and I can already imagine a lot of you have been haunted already by the mention of 'spring week' (ew). Starting university was an adjustment for me personally and it took me a while to acclimate, so I understand those feelings. If you have any issues or just need an open ear, feel free to contact me :).

S.Tyler@lse.ac.uk



Hi! My name is **Jonathan** and I'm a second year Economic History and Geography Student from Vienna, Austria. I like hiking, chess and coffee at all times of the day.

Having already spent one year at both LSE and Rosebery, I am acutely aware of all of the various pressures placed on students at LSE during their studies here. As an international student, I can also very much relate to all the practical and emotional difficulties of being so far from home.

If you ever feel the need to talk about anything, just shoot me a message, I'm always available for a chat, walk or a coffee.

J.M.Bankier@lse.ac.uk



Hi, I'm **Jiwon**, a third-year Economics student! I'm from South Korea but grew up in Malaysia most of my life. In my free time, I enjoy going out for a walk, binge-watching shows and having nice coffee!
Please feel free to reach out to me if you'd like to chat about anything!

J.Han22@lse.ac.uk



Hi! I'm Divyani, a third-year Anthropology and Law student have commuted from Essex for the past three years! I enjoy solo-travelling, reading, and eating my way through London's best spots.

As I commute and am a mature student, I understand how difficult it can be to find a community at university and how isolating this can feel. Especially at LSE, which can be so competitive and intimidating, I know this can feel even worse.

I'd be more than happy to get to have a coffee, go for a walk etc - no issue is too big or small :)

D.Jethwa@lse.ac.uk