

# Organisational Learning Autumn Term 2025

Are you looking for the next course to upskill yourself?

Then, take a look through our catalogue below and book your spot on MyStaffDevelopment—just click the course





## Personal and Professional Development

Introduction to Emotional Intelligence - various dates, 10am - 12 noon

Time Management and Productivity - various dates, 10am - 12.30pm

Project Management Essentials - 15/10 or 2/12/2025, 10am - 1pm

Aspiring Leaders - 7/10/2025, 9.30am - 4.30pm

Negotiation Skills - 8/10/2025, 9.30am - 4.30pm

Overcoming Imposter Syndrome - 9/10/2025, 10am - 1pm

Presentation Skills - 9/10 or 20/11, 10am - 2pm

Communication Skills - 21/10/2025, 9.30am - 12.30pm

Increasing Productivity in the Workplace - 23/10/2025, 9:30am - 4:30pm

**How to be Assertive 3/11/2025, 10am - 1pm** 

**Growth Mindset** - 4/11/2025, 9.30am - 12.30pm

Public Speaking Masterclass - 5/11/2025, 10am - 12 noon

Influencing Skills - 20/11/2025, 9.30am-4.30pm

Developing Myself & My Career - 2/12/2025, 10am - 1pm

Collaborative Working - 9/12/2025, 10am - 4.30pm





#### **Leadership and Management**

Interview Skills for Panel Members - 2/12/2025, 9.30am - 12.30pm

Recruitment and Selection - 14/10 or 4/12/2025, 9.30am - 12.30pm

Confidently Managing Menopause - 16/10/2025, 9.30am - 12.30pm

Managing in a Matrix Environment - 26/11/2025, 9.30am - 12.30pm

#### **Health and Wellbeing**

Resilience and Wellbeing - 11/11/2025,10am - 1pm Demystifying Menopause - 23/11/2025. 11am-12:15pm

### **Change and Change Management**

Engaging with Change - 14/11/2025,9.30am-12.30pm

#### **Academic Development**

<u>Doctoral Illumination</u> - 13/11/2025, 9.30am-4pm <u>Chronohacking</u> - 11/12/2025, 9.30am-12.30pm





# Contact us

If you are interested in any learning not listed in the catalogue, please complete this <u>online form</u> or scan the QR code below to let us know what you want to learn next!



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