

Teaching and Learning Centre podcasts: the DISSERTATION SERIES

Revising and preparing for exams – examples of students' revision plans

EXAMPLE 1

In this example, the student had FOUR exams to prepare for:

- SO468 (0.5 unit course) (yellow),
- LL4BB (0.5 unit course) (green),
- GV4A5 (0.5 unit course) (blue),
- HY436 (full unit course) (pink).

She decided to have **3 revision sessions per day**, of about two hours each. These sessions were flexible, though. She realised that on some evenings, she just couldn't focus – so she sometimes had shorter evening sessions, and more focussed, longer daytime sessions.

She took into account the unit-value of each exam—and decided on how many revision sessions she would allot to each course—according to how many units the course was worth, what percentage of the course mark the final exam was worth, and how comfortable she was with her familiarity with the course material.

Closer to the exam date, she planned for a few “specialist” revision sessions (mock exam, final revision, specific topics, etc.)

Given that she had three exams in one week, then another in the following week, she made the following plan, starting in mid-May.

MAY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
11	HY436 HY436		HY436 LL4BB			
12			LL4BB			
13						
14			LL4BB			
15						
16						
17						
18	HY436 HY436	HY436 LL4BB	SO468 SO468	SO468 SO468	HY436 GV4A5	
19						
20						
21						
22						
23						
24						
25	LL4BB HY436 SO468	SO468 HY436	LL4BB LL4BB SO468	SO468 SO468	LL4BB GV4A5	
26						
27						
28						
29						
30						
31						



JUNE

Monday Grade 1	Tuesday Grade 2	Wednesday Grade 3	Thursday Grade 4	Friday Grade 5	Saturday Grade 6	Sunday Grade 7
LL4BB	SO468	SO468	HY436	SO468 religion 2nd year	LL4BB name + culture	SO468 mark
SO468	HY436	LL4BB	SO468	SO468 culture	SO468 religion + tea	LL4BB gender + birth
LL4BB	SO468	SO468	LL4BB culture + exams	SO468 culture	HY436 religion + tea	SO468 final revision
10:00 SO468	10:00 LL4BB	10:00 LL4BB name	10:00 HY436	10:00 GV4AS	10:00 GV4AS	10:00 GV4AS
LL4BB culture	LL4BB name	LL4BB culture + exams		GV4AS	GV4AS	GV4AS
GV4AS	GV4AS	GV4AS		GV4AS	GV4AS	GV4AS
GV4AS	GV4AS	GV4AS		14:30 GV4AS		
GV4AS	GV4AS	GV4AS				

Notice the distribution of sessions that she allotted for each course:

23 sessions for SO468: 13 in May, 10 in June

19 sessions for LL4BB, 9 in June, 10 in May

20 sessions for GV4A5, 17 in June, 3 in May

19 sessions for HY436, 6 in June, 13 in June

Notice also that in May, on some days, she has only one or two sessions – and none on one long weekend, when her family was coming to London to visit her. By June, there are 3 per day, except for the days around the actual exams, where she gives herself a bit of a break!

This LSE MSc student (who graciously contributed her exam revision plan for public use!) commented that simply having the plan allowed her to relax during the revision period. She felt that she had reflected on all the courses she needed to revise and that she was making the best possible use of the time she had. For her, this was particularly helpful to deal with the stress of having several exams within days of each other.

EXAMPLE 2

This example is adapted from excellent material produced by the University of Manchester. To see more, visit

www.escholar.manchester.ac.uk/learning-objects/mle/revision-strategies.

Once you've decided on a date to begin your revision, use a calendar to plan your revision. First, note any personal commitments you have.

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
06:00							
07:00							
08:00							
09:00							
10:00			Doctors appointment				
11:00						Football game	
12:00							
13:00							
14:00				Revision lecture			
15:00							
16:00							
17:00							
18:00							
19:00	Meet friends						
20:00							
21:00					Drinks with friends		
22:00							
23:00							

Then highlight the time you have available for revision.

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
06:00							
07:00							
08:00							
09:00							
10:00			Doctors appointment				
11:00						Football game	
12:00							
13:00							
14:00				Revision lecture			
15:00							
16:00							
17:00							
18:00							
19:00	Meet friends						
20:00							
21:00					Drinks with friends		
22:00							
23:00							

Before you start adding in any specific topics, themes, classes, etc., plan for breaks. Remember that a good plan is a realistic one—and realistically, no one can do challenging, intellectual work for hours and hours without a break! Consider how you work and your levels of concentration at different times of day. Use this—together with your prior commitments—to plan how long and when you can revise in any given day.

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
06:00							
07:00							
08:00						Lie in	
09:00	Break						
10:00			Doctor's appointment				
11:00					Lunch		Football game
12:00	Lunch	Lunch		Lunch		Lunch	
13:00							
14:00	Break				Revision lecture		Lunch
15:00		Break	Break	Break		Break	
16:00							
17:00	Dinner						
18:00		Dinner	Dinner			Dinner	
19:00				Dinner	Dinner		Dinner
20:00	Meet friends						
21:00						Drinks with friends	
22:00							
23:00							

Consider the various courses you'll be examined on. Or plan more specifically, according to the themes you've defined in your analysis of past exam questions, or the broad topics of the course you've chosen for your "repertoire". Make decisions on which courses or themes require more time than others based on how much the exam counts for, how comfortable you feel with the material, or how recently you studied the material. Once you've prioritised what you need to revise, allot time in your plan for each course/theme.

In this example, the themes are colour-coded. This way, you can see at a glance whether you've allotted appropriate amounts of time per course/theme.

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
06:00							
07:00							
08:00						Lie in	
09:00	Break						
10:00			Doctor's appointment				
11:00					Lunch		Football game
12:00	Lunch	Lunch		Lunch		Lunch	
13:00							
14:00	Break				Revision lecture		Lunch
15:00		Break	Break	Break		Break	
16:00							
17:00	Dinner						
18:00		Dinner	Dinner			Dinner	
19:00				Dinner	Dinner		Dinner
20:00	Meet friends						
21:00						Drinks with friends	
22:00							
23:00							

- █ Personal commitments
- █ Available to revise
- █ Breaks
- █ Space craft systems
- █ Thermal control
- █ Space craft systems
- █ Perception and action
- █ Spatial vision
- █ Colour and lightness constancy

Finally, if you like to work in detail, you can add specific topics or task to your plan, as shown below.

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
06:00							
07:00	· Ionizing radiation		· Size after-effect explanation	· Material properties that affect the thermal environment			· Obtaining the thermal equilibrium equation
08:00	· Galactic cosmic radiation	· Lightness, reflectance, luminescence and illumination				Lie in	
09:00	Break			· Emission of radiation			· Using the thermal equilibrium equation to get answers
10:00	· Environmental effects on design of space craft	· The problems of lightness perception	Doctors appointment	· Kirchoff's law		· Ionizing radiation	
11:00	· Effects on materials				Lunch	· Galactic cosmic radiation	Football game
12:00	Lunch	Lunch	The effects of surroundings	Lunch	· Effects of spacecraft orbits on thermal equilibrium	Lunch	
13:00	Main theories of colour and lightness constancy	· Design implications on human sub-system		Contrast sensitivity		Retinal vs. real size and resolution limit	
14:00	Break		· The effects of colour memory	Size after-effect explanation	Revision lecture	Contrast sensitivity	How spatial vision is achieved
15:00	How spatial vision is achieved	Break	Break	Break	· Obtaining the thermal equilibrium equation	Break	Tilt after-effect explanation
16:00		· Environmental effects on design of space craft	Main theories of colour and lightness constancy	How spatial vision is achieved		Main theories of colour and lightness constancy	Size after-effect explanation
17:00	Dinner			Tilt after-effect explanation		Retinal vs. real size and resolution limit	
18:00	Tilt after-effect explanation	Dinner	Dinner		Using the thermal equilibrium equation to obtain answers	Dinner	
19:00		· Material properties that affect thermal environment	· Ionizing radiation	Dinner		Lightness, reflectance, luminescence and illumination	Dinner
20:00	Meet friends		· Galactic cosmic radiation		Dinner		Contrast sensitivity
21:00		Break			Drinks With Friends	The problems of lightness perception	How spatial vision is achieved
22:00		· Emission of radiation					
23:00		· Kirchoff's law					

You might also consider using a free online tool to help you with your revision planning. Some options include <https://getrevising.co.uk> and <https://www.goconqr.com/en/study-planner/>.