**Could you be an LSE Peer Supporter in 2021-22?**

**The LSE Student Counselling Service is looking for students, who are interested in becoming Peer Supporters in the 2021-22 academic year. You must be a current student at this time so that you have experience of at least one year here already.**

In this voluntary role you will receive 30 hours of training from the LSE Student Counselling Service in listening, questioning and responding skills, plus fortnightly supervision throughout the year. These skills will enable you to provide emotional support to your peers at LSE through the Peer Support Scheme.

Previous Peer Supporters who have completed the Peer Support training said they gained a tremendous amount from it. In addition to meeting regularly and developing close bonds with others who attend the training, Peer Supporters found that they gained an increased ability to listen and respond supportively in all walks of life. Becoming a Peer Supporter offers transferable skills in listening, communicating and relating to others, as well as enhanced learning about yourself within inter-personal and organisational settings. Being a Peer Supporter is widely recognised as enhancing your CV, with increased emotional intelligence and social capital. However, as with most things, what you get out of it will depend on what you are prepared to put in. We ask peer supporters to expect to give 2 hours a week of their time in the role, but in practice it may be much less. More motivated students will find ways to reach out to and support other students.

One of the benefits of becoming an LSE Peer Supporter is the guarantee of an offer of accommodation within one of the LSE residences for 2021-22: Bankside House, Carr-Saunders Hall, Sidney-Webb Hall, High Holborn, Northumberland House, Grosvenor House, Urbanest Kings Cross, Urbanest Westminster, Passfield Hall or Roseberry Hall. Offers of accommodation will be made after students have attended and successfully completed the summer training, and you are not guaranteed a place in the hall of your choice**.**

**Training:**

This will consist of 5 training days to be delivered in the last week of the Summer Term / start of Michaelmas term. Please note: the training will not equip you to become a counsellor, but someone who is equipped to support their peers in an approachable, informal and supportive way.

**Peer Support Reflective Sessions & On-Going Training:**

On completion of the training, Peer Supporters are organised into groups for fortnightly reflective sessions. These meetings take place every two weeks and are facilitated by a counsellor. It is a space where Peer Supporters can discuss issues arising from the support they provide to others**.**

Postgraduates attend monthly meetings.

**Selection Process:**

There is further information on the Peer Support page on the Student Counselling Service website. If you are interested in becoming a Peer Supporter please download the application form from the website or request an application form from [student.counselling@lse.ac.uk](mailto:student.counselling@lse.ac.uk).

**Closing date for applications: Wednesday 31st March 2021.**

**We will be interviewing interested applicants early in the summer term.**

[**http://www.facebook.com/LsePeerSupport**](http://www.facebook.com/LsePeerSupport)