

Could you be an LSE Peer Supporter in 2022-23?

The LSE Student Counselling Service is looking for students, who are interested in becoming Peer Supporters in the 2022-23 academic year. You must be a current student at this time so that you have experience of at least one year here already.

In this voluntary role you will receive 30 hours of training from the LSE Student Counselling Service in listening, questioning and responding skills, plus fortnightly group reflective sessions throughout the year. These skills will enable you to provide emotional support to your peers at LSE through the Peer Support Scheme.

Previous Peer Supporters who have completed the Peer Support training said they gained a tremendous amount from it. In addition to meeting regularly and developing close bonds with others who attend the training, Peer Supporters found that they gained an increased ability to listen and respond supportively in all walks of life. Becoming a Peer Supporter offers transferable skills in listening, communicating and relating to others, as well as enhanced learning about yourself within inter-personal and organisational settings. Being a Peer Supporter is widely recognised as enhancing your CV, with increased emotional intelligence and social capital. However, as with most things, what you get out of it will depend on what you are prepared to put in. We ask peer supporters to expect to give 2 hours a week of their time in the role. More motivated students will find ways to reach out to and support other students.

One of the benefits of becoming an LSE Peer Supporter is the guarantee of an offer of accommodation within one of the LSE residences for 2022-23: Bankside House, Carr-Saunders Hall, Sidney-Webb Hall, High Holborn, Urbanest Kings Cross, Urbanest Westminster, Passfield Hall or Roseberry Hall. Offers of accommodation will be made after students have attended and successfully completed the summer training, and you are not guaranteed a place in the hall of your choice.

Training:

This will consist of 5 training days to be delivered in the last week of the Summer Term / start of Michaelmas term. Please note: the training will not equip you to become a counsellor, but someone who is equipped to support their peers in an approachable, informal and supportive way. We share some baseline training with Student Academic Mentors so you can also be a SAM if you wish. There are also opportunities to be involved in paid roles such as facilitators of Consent.Ed training, and student ambassadors during Welcome.

Peer Support Reflective Sessions & On-Going Training:

On completion of the training, Peer Supporters are organised into groups for fortnightly reflective sessions. These meetings take place every two weeks and are facilitated by a counsellor. It is a space where Peer Supporters can discuss issues arising from the support they provide to others, and also provide support to each other.

Selection Process:

Please apply to the scheme by submitting this form:

https://lse.eu.qualtrics.com/jfe/form/SV_cSfR5Pm3OJ3woFU

Students will be interviewed in groups of 3, and if successful will be offered a place on the training by mid May.

Closing date for applications: Friday 1st April 2022.