## LSE PEER SUPPORTERS



Hi! I'm **Katie**, a second-year International Social and Public Policy with Politics student from Hampshire. Outside of my studies, I enjoy running, cooking, reading, and exploring London.

University life (and life in general) can sometimes feel overwhelming, but you're never alone. Whether you just fancy a chat or need someone to talk things through with, I'm always happy to listen. Feel free to reach out anytime!

Hi, I'm **Oliver**, a second-year Environment and Sustainable Development with Economics student from China.

I came to LSE with a science background and zero training in academic writing, but over time, I found my voice through questions and conversations. As an international student, I know how hard it can be to settle into a new country and navigate life at LSE academically, socially, and emotionally.

I'm interested in environmental justice and how we tell stories about people and systems. In my free time, I draw, write, and go on long walks to clear my head. If you ever want to talk (about stress, identity, or just life), I'm here to listen.





Hello! My name is **Sia**, and I am a PhD student in the psychology department. I have lived in Germany before I moved to the UK, and in my free time, I increasingly think it is important to maximise our health and build meaningful connections with our loved ones.

If you are looking at this page, there is probably something that is bothering you. That's okay - you can get through this. Look at how far you have come already. Sometimes it can be helpful to have someone deeply listen to us, so feel free to get in touch.



Student Wellbeing Service

## LSE PEER SUPPORTERS



Hello! I'm **Janice**, a third-year Psychological & Behavioural Science student from Hong Kong. I love singing (mostly in the shower and at karaoke), playing badminton, and I'm a big animal lover!

I understand uni life isn't always smooth sailing and it can get tough in unexpected ways. Opening up isn't always easy either. Whether you're going through a hard time or just want someone to talk to, I'm here to listen with no pressure or judgment. I might have been through something similar, so feel free to reach out for a chat:)

Hey! I'm **Alya** and I'm a third year BSc Politics student from Istanbul. I love sports, particularly tennis and gymnastics! I also love travelling, going out for a drink (nothing beats a good pub), learning new languages and reading books (especially Greek mythology, French literature and Russian literature)!

I understand how challenging university life at LSE can be - I know, I've been there (especially as an international student coming from the French educational system). If you ever need a friendly face on campus to talk about any worries you have, whether it be about university or not, I'll be happy to have a chat! Please don't hesitate to reach out:)





Hi! I'm **Dinuli**, a second year Economics student from Sri Lanka. In my free time, I enjoy having movie nights with friends and going on spontaneous adventures across the city.

Life at LSE can sometimes be overwhelming, especially when trying to adjust to a new environment, balancing your academic and social life throughout the year or even just managing your personal worries.

Accessing support is always a great way to start so feel free to reach out at any time for a chat- I would love to help you through your university experience!



Student Wellbeing Service

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Hi, my name is **Ujja** and I am a third-year International Relations student from Singapore. I enjoy reading and photography in my free time!

Coming to London as a fresher was challenging so you're definitely not alone in your journey. Feel free to reach out if you would like to share your worries with someone, I will be more than happy to support you:)

Hello!! I am **Charisa** and I am a second year PBS student from Hong Kong but moved to the UK a few years ago. I love baking, playing badminton, travelling, exploring delicious cuisines, and of course COFFEE!

I know university life can be both exciting and sometimes a little overwhelming. I am always happy to have a chat or just keep you company. If you ever feel like taking a break, let's grab a coffee together and escape for a bit. Remember, it is completely okay to be not okay, we have all been there, and you are not alone. Let's make the most of uni life together!



