

Hey! I'm **Omar**, a third-year Economics student from London. My free time is spent playing guitar, watching movies and going out.

Life at LSE can certainly be challenging, but with a good mindset and the right guidance these challenges can be overcome. If you need any support, I would be more than happy to help; feel free to contact me on this email address and we can arrange a coffee, a walk, etc. O.Pozder@lse.ac.uk

Hi, my name is **Layla**. I am a third year Anthropology and Law student. I was raised in South London and my family is from the West Indies (Jamaica and Barbados!).

I lived in accommodation first year and I find joy in creative activities, music and spending time with friends:)

Please do not hesitate to get in touch with me if you would like to talk about anything! L.Fyffe1@lse.ac.uk

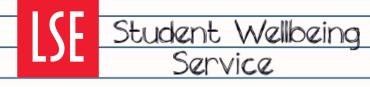




Hi! My name is **Annie**, a third year International Relations student. I was born in Ireland, but have since lived in China, Singapore, and Germany. These experiences have also informed my interest in language learning and intercultural communication. In my free time I enjoy hanging out with friends, exploring London, reading, and listening to podcasts.

I totally understand that university may feel challenging and overwhelming at times, so feel free to reach out if you would like to chat over a cup of coffee, take a walk in Lincoln's Inn, meet at halls, or on campus!

A.K.Yan@lse.ac.uk





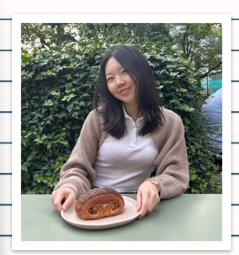
Hi!! My name is **Lula** and I am a second year Law student from London.

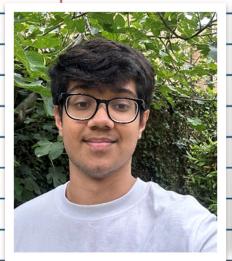
In my spare time, I enjoy working out, eating good food, reading and watching sports. If you want to chat, or just need a break from the intensity of life at LSE, please get in contact and we can find a time to do something nice!

I.I.powell@lse.ac.uk

Hi there! I'm **Yebin**, a final-year Economics student from Korea, but I lived in Bulgaria for most of my life. I love playing volleyball, dancing, and visiting bakeries in my free time.

If you ever need someone to talk to or share worries or struggles with, I'm more than happy to offer support or just have a chat. Feel free to reach out anytime! :) Y.Woo3@lse.ac.uk





Hey there! I'm **Sehan**, a third year Economics student from Sri Lanka. In my free time I like reading, watching F1, and going to the gym.

As an international student who came to London for the first time, I understand that it can be hard to adjust to a new environment while keeping up with studies and making new friends. If you're having any difficulties or want to talk about anything, I am always available for a walk or coffee on campus. Feel free to get in touch:)

s.d.udugama@lse.ac.uk





Hi! I'm **Shewit** and I'm a second year Politics and Economics student from East London.

In my free time I enjoy watching movies, exploring new places and charity shopping!

I know that London and university can be overwhelming at times so if you'd love someone to talk to, I'm more than happy to chat! Feel free to get in touch:)

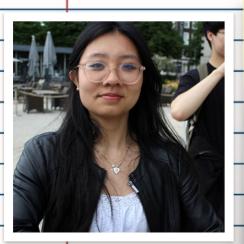
s.hidru@lse.ac.uk

Hey! I'm **Alya** and I'm a second year BSc Politics student from Istanbul. I love sports, particularly tennis and gymnastics! I also love travelling, going out for a drink (nothing beats a good pub), learning new languages and reading books (especially Greek mythology, French literature and Russian literature)!

I understand how challenging university life at LSE can be - I know, I've been there (especially as an international student coming from the French educational system). If you ever need a friendly face on campus to talk about any worries you have, whether it be about university or not, I'll be happy to have a chat! Please don't hesitate to reach out:)







Hi! I'm **Christine**, a first-year BSc International, Social and Public Policy student, after switching from Psychological and Behavioural Science last year. I'm originally from Essex and I love going to the gym, reading, doing handstands, music, art, and going out with friends.

Starting uni, especially at an intense place like LSE can be overwhelming, and I definitely found it hard to balance everything, especially since I have ADHD. In the process I've learned lots about how to manage uni life!

If you want to have a chat about anything at all, I'm down! Email me and we can arrange something:)

c.liu77@lse.ac.uk





Hi! I'm **Andres** and I am a third year Economics student from the UK and Spain. In my free time I love listening to music, sitting in parks and going to the pub with friends.

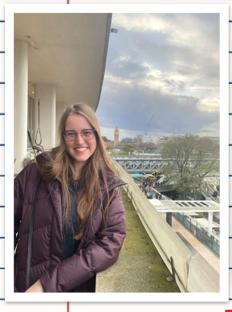
Uni is daunting and overwhelming, so if you fancy having a chat with someone, I'm on campus most of the time and I am always happy to grab a coffee, go for a walk, or anything else. Feel free to get in touch:)

a.r.oats-garcia@lse.ac.uk

Hi! I'm **Will**, a second year PPE student currently staying at Passfield, from Romania but born in Hampshire. In my free time, I love getting out and playing sports, from swimming to tennis, and getting outside in the city or parks.

I understand firsthand how intense and emotionally difficult studying at LSE can be on top of acclimatising to a new environment and creating new social groups, but there is so much support available to help with this. I will always be down for a chat at your choosing, depending on what you prefer, to help connect with another student and help make university a joyful experience! Please feel free to get in touch at g.stan@lse.ac.uk





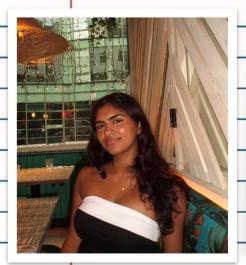
Hello! My name is **Alona**, I am a 3rd year Finance student from California, United States.

In my free time, I enjoy reading, listening to music and sketching.

University tends to load you with a free baggage of personal and academic insecurities, all while getting used to living from home. From personal experience, I know how relieving it can be simply to talk through your worries with someone. Feel free to contact me and chat over anything that you're concerned about!

a.volkova@lse.ac.uk





Hi, I'm **Anna**, a second-year Politics and Economics student from East London. I love cooking, trying different cuisines in London and thrifting.

I completely get that university life can be tough and sometimes a bit overwhelming, especially if you are new to this massive city. If you ever want a listening ear we can grab a coffee, or meet up on campus or at halls.

Please do not hesitate to get in touch with me if you would like to talk about anything!

A.mathew2@lse.ac.uk

Hi! I'm **Natalie** and I'm a third year social anthropology student and I'll be staying at Bankside this year.

I'm from Australia, so I understand how challenging moving and making new friends at University can be. I love playing tennis, pole fitness and spending time with my friends. Being a student at LSE can sometimes be overwhelming and challenging, but accessing support can make a huge difference to this. Feel free to reach out if you ever want to chat about anything:)

n.watson@lse.ac.uk





Hi! I'm **Paulina**, a third-year Politics and Economics student from Poland. Having moved here for university, I understand what it's like to navigate life in a new environment and adjust to the changes that come with it. If you ever need someone to chat with—whether it's about uni, life, or anything in between—feel free to reach out! I'm often around campus and would be happy to meet for coffee or a walk to talk about whatever's on your mind.

P.M.Filipek@lse.ac.uk





Hi! I'm **Mia**, a second-year Environment and Sustainable Development with Economics student. I'm half Italian and half Scottish, and I moved to London for the first time when I joined LSE. Having moved to several different countries throughout my life, I understand both the excitement and challenges of settling into a new city.

In my free time, I love trying new things—from sports to spontaneous adventures—and I'm passionate about cooking up new recipes. You'll often find me on campus, so feel free to reach out if you ever want to chat about adjusting to London life, academics, or just to hang out!

m.currie@lse.ac.uk

Hey! I'm **Noémie**, a third year Economics student from France. I love exploring London, wine nights with friends and avoiding the library staircases at all costs.

Uni can be quite a lot - juggling home sickness, academic pressure and career expectations - so feel free to reach out for a chat and we can talk about anything and everything!

N.Dunand@lse.ac.uk





Hi! My name is **Joey** and I'm a final year BSc International Relations and History student from Germany.

Having spent two years at LSE, I've gained a good understanding of the unique experiences, opportunities, and challenges that come with studying here. Though university can be an incredible time, balancing academic, social, and professional avenues with personal well-being may sometimes feel overwhelming. As a Peer Supporter, I'm here to listen to anything that's on your mind and support you however I can. Whether you prefer talking over coffee or taking a walk, please don't hesitate to reach out- I would love to help you navigate your journey at LSE!

j.a.weiss@lse.ac.uk





Hi there! I'm **Sudha**, a final-year Psychological and Behavioural Sciences student from India. As an international student, I understand how challenging it can be to navigate university life while balancing academics, personal challenges, and the unique dynamics of LSE. It can all feel overwhelming, but talking it out can really help! Sometimes, just sharing your thoughts can bring clarity and comfort.

In my downtime, I love discovering hidden gems around the city, diving into true crime podcasts, and getting creative with crafts. I'm always excited to meet new people and hear their stories. If any of that sounds like your cup of tea (or coffee!), feel free to reach out. Whether you're feeling low, or just want a friendly chat, I'm here for you. Let's grab a coffee or explore London together—it's always more fun with company:)

S.Jagatheesh-Jayanand@lse.ac.uk

Hello! I'm **Hanying**, a third-year Psychological and Behavioural Science student from Hong Kong. You can sometimes see me in debate society and HandsOffLSE events.

As an international student, I understand the struggles of not speaking native English, which can make it harder to socialise and express ourselves. I also remember feeling isolated in my first year, standing aside while everyone else seemed to mingle effortlessly. Yet, overcoming these, I've managed to enjoy a fruitful campus life at LSE, and I'm here to support you from an empathetic standpoint! The academic/career burden and peer pressure can be overwhelming - but we're in this together. Feel free to get in touch! I'm always happy to meet new people, even if it's just for a casual chat :D h.yao4@lse.ac.uk





Hi! I'm **Jenni** and I'm a third-year History student from Finland. In my free time I enjoy reading, going to the gym, and exploring London.

As an international student myself, I know that moving to a new country and adjusting to a new way of life can be an overwhelming experience, especially while trying to stay on top of your academically challenging workload. Moreover, challenges and conflicts in personal relationships might make you feel like you need someone to talk to. I'm always happy to have a chat and help you with whatever you might be going through, whether it's personal or academic. J.A.Laitinen@lse.ac.uk

scan the QR for further information:

