Student Counselling Service

Drop-in Sessions

What are drop-in sessions?
The LSE Student Counselling Service (SCS) offers a daily drop-in Session throughout the year, except during School closure periods. This offers an opportunity to have a brief discussion about any problems or issues that are causing you concern.

The drop-in sessions last for up to 20 minutes, and are available every day. No appointment is necessary, as these are filled on a first come basis. Sessions cannot be booked in advance, and if all slots have been taken you may need to return another day.

The service is designed to offer information and consultation for students suffering distress, but is not an emergency service.

What happens at drop-in sessions?
If you attend a session you will be offered up to 20 minutes with one of our counsellors. You can use the session to talk about your difficulties and look at possible ways forward. The session can also be used to help those who are not sure if they want a counselling appointment, but would like to see if they might benefit from an initial discussion.

When do these take place?
Drop-in sessions are available to students on Monday, Tuesday, Wednesday, Thursday and Friday at 3:00pm. Sessions can be arranged in person at from 2:45pm onwards.

How do I organise a drop-in session?
Come to the Student Counselling Service on the 4th Floor of Pethick-Lawrence House (PEL) (access is via Fawcett House (FAW)) ideally 10-15 minutes before the drop-in sessions start. We’ll ask you to complete a client registration form (the form is also available online if you’d like to complete it in advance).

The drop-in session can only be organised in person at the Student Counselling Service. If you have any questions about the drop-in sessions, feel free to visit us, call the counselling service administrator on 0207 852 3627 or email student.counselling@lse.ac.uk.