

## **Survivor Consent Workshops**

Survivor consent workshops are run by Not The Only One, in collaboration with the SU, to offer an alternative option for students who may find attending consent workshops difficult.

Not The Only One is a unique initiative for students who have experienced sexual violence at any point in their life, including child sexual abuse. Their work is unambiguously survivor- led and co-developed with students at a range of universities.

The survivor consent workshops are open only to students who have experienced some form of sexual violence / abuse. This could have been non-physical, a one-time experience, a long time ago - or something that has happened in different ways at different times. All genders and sexualities are welcome.

The workshops provide a space to learn about and discuss consent in a traumainformed manner together with other survivors. Each workshop is a survivor only space run in a small group and facilitated by two members of Not The Only One. They will not ask you to discuss your experience(s).