

# Leadership essentials for aspiring leaders programme (LEAP)

This programme is for anyone at band 6 or below who is looking to better understand what it means to be a leader. The programme will develop skills that will support individuals in understanding how leadership weaves into their role now, their future career and personal aspirations and what it means to be a leader at LSE.

The programme consists of one full day and three half day face-to-face modules over four months, with some self-study required before each module. Participants will also conduct and receive feedback on their own leadership skills review as part of the programme.

With questions about this programme please contact [hr.learning@lse.ac.uk](mailto:hr.learning@lse.ac.uk)

## Programme overview

---

Complete a leadership skills review

Attend workshop 1\*

Discuss your leadership skills review in a one-to-one with a leadership coach

Attend workshop 2

Complete your self-learning module on inclusive leadership

Attend workshop 3

Attend understanding and overcoming imposter syndrome workshop

Attend workshop 4

Discuss your development and action plan with your line manager

---

\* An overview of workshop content can be found on the next page

## Workshops overview

Workshop 1: Introduction to the programme, Understanding your leadership skills review, The distinction between Leadership and Management, Showing leadership in your current role, The key concepts of leadership, Your space as an authentic leader

Workshop 2: Finding yourself as a leader, Understanding your strengths and values, Envisioning the leader you want to be and how to get there

Workshop 3: Inclusive leadership and you, Emotional intelligence and leadership, Essential people skills for leadership (coaching, influencing etc.)

Workshop 4: Introduction to leading teams and team dynamics, Leadership at LSE, Self-development planning and personal goal setting, Career development and ongoing professional development