

June 2021

WK	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	31	1	2	3	4	5	6
2	7	8	9	10	11	12	13
			Body Conditioning (5.00 – 5.45pm)				
3	14	15	16	17	18	19	20
			Body Balance (5.00 – 5.45pm)				
4	21	22	23	24	25	26	27
			Body Conditioning (5.00 – 5.45pm)				
5	28	29	30	1	2	3	4
			Body Balance (5.00 – 5.45pm)				