



WHERE TO WALK: HOLBORN

Use this guide to find interesting and energising locations around Holborn to wander to and in

LINCOLN'S INN FIELDS



The largest public square in London. This space has a bandstand in the middle and is full of tall beautiful trees, grassy areas and walk ways.

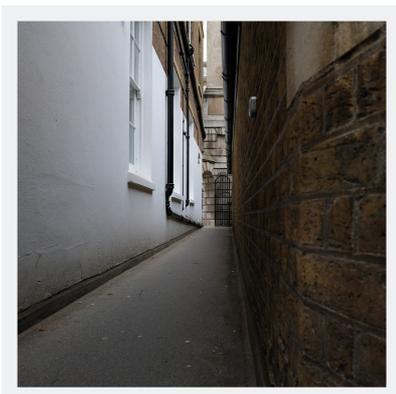
A wander around the perimeter reveals all sorts of sculptures, types of trees and historical messages.

Don't forget the artefacts to see around the external perimeter.

It is the ideal location to start or end a wander around the surrounding area.

LINCOLN'S INN

The Inn is peaceful and manicured. The estate includes Stone Buildings, Old Square and New Square. The chapel is open to visitors during the day. There are seven pedestrian entrances to the Inn to discover. Take a looping wander in and out of this Inn via the many entrances and the quiet squares.





WHERE TO WALK: HOLBORN



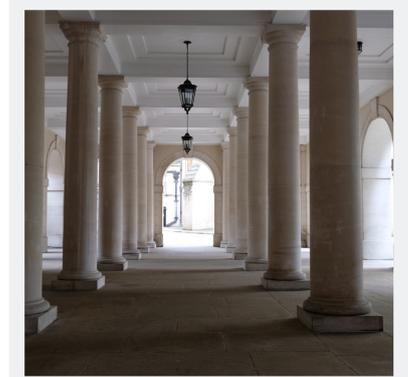
OUTER TEMPLE

Walk down Bell Yard and cross the Strand into the covered white alleyway of Outer Temple.



MIDDLE TEMPLE & INNER TEMPLE

Loop around the peaceful courtyards and alleyways. Wander past the fountain and historic buildings including Temple Church, Inner Temple and Middle Temple. Circle round the cobbled pavement of Kings Bench Walk. The lush Middle Temple Gardens are open to the public most weekday lunchtimes.





WHERE TO WALK: HOLBORN

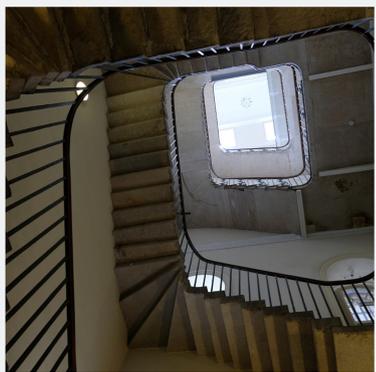
VICTORIA EMBANKMENT GARDENS (TEMPLE SECTION)



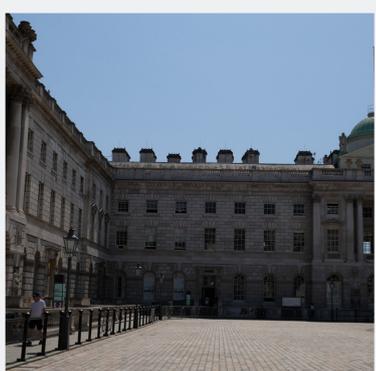
When accessed from Victoria Embankment after visiting the manicured Temple Inns, this park has a bedraggled feel. However, it is green and quiet with some interesting statues.



SOMERSET HOUSE

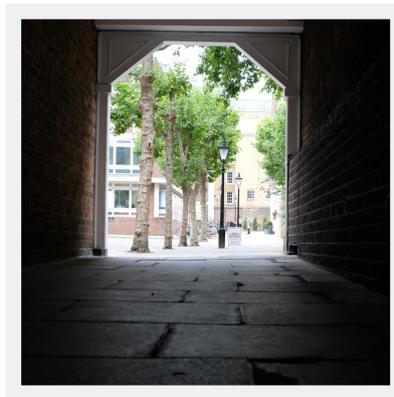


Access via the Victoria Embankment entrance next to the Thames. Inside Somerset House, turn right and walk until you reach the Stamp Stair. Climb the stairs (or take the lift if needed) and exit into the grand central courtyard. Take some time to be still and wander around the fountains. Return to Lincoln's Inn Fields via the Strand exit, Montreal Place and Kingsway.





WHERE TO WALK: HOLBORN



GRAY'S INN

Access via Warwick Court or Fulwood Place to wander through this serene and historic Inn. The beautiful walks are open to visitors most week day lunchtimes. Circle through Gray's Inn Square and South Square and back through the Inn to exit via Bedford Row. Continue along to Hand Court. From the end of this alleyway, cross the road and walk back down to Lincoln's Inn Fields.

STAPLE INN



Access the calm, cobbled Staple Inn courtyards via Southampton Buildings off Chancery Lane and leave through the archway of the black and white Tudor building on High Holborn.





WHERE TO WALK: HOLBORN



WATERHOUSE SQUARE

Wander through the magnificent courtyard of Waterhouse Square. Access via the grand entrance on Holborn opposite the black and white Tudor building and leave via the more obscured entrances on Brooke Street or Leather Lane.



ST ALBAN THE MARTYR

Take some time to be still in this impressive, colourful church. Access the pretty courtyard at the entrance via Brooke Street.



BLOOMSBURY SQUARE GARDENS

Take a wander up to this pretty open square. From the north east corner of Lincoln's Inn Fields, walk up Gate Street and New Turnstile alley ways. Cross the main road diagonally to Southampton Row and walk up Sicilian Avenue.

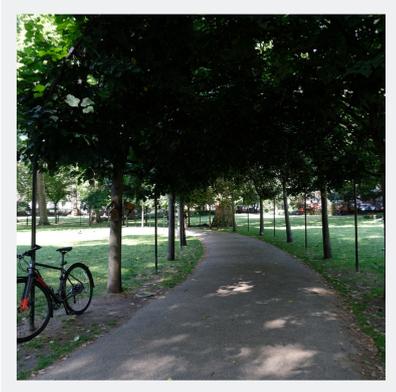




WALK COACH LEARN

WHERE TO WALK: HOLBORN

RUSSELL SQUARE



Continue from Bloomsbury Square Gardens up to Russell Square. Wander along the circular pathways through the tall plane trees and central fountain.



WHERE ELSE TO WALK

This area is full of hidden gems. Take a wander and see where your feet take you. If the weather is very unfriendly, take an indoor wander through the London Silver Vaults or British Museum.

For more ideas of places to walk around Holborn, have a search of Google maps, search the Tranquil City map <https://tranquilitycity.co.uk/> or try creating a street tree trail <https://www.treetalk.co.uk/map>

ANISE

I can mostly be found in London parks and streets. I create coaching walks to help professionals connect with colleagues and work in ways that build resilience and confidence.

Get in touch at anise@walkcoachlearn.co.uk if you'd like to join me for an urban wander and feel good about the work you do. Happy walking!

