



## BREAKFAST

Choose from our variety of healthy options, our freshly baked pastries or for something more filling you can't beat a full English!

<b>Health Breakfast Special (VO)</b> .....	<b>£3.85</b>
Start healthy, stay healthy. Greek yoghurt with fresh seasonal fruits.	
<b>Full English Breakfast (VO)</b> .....	<b>£4.15</b>
A traditional 'hearty' breakfast – choose from 5 items.	
<b>Big Breakfast (VO)</b> .....	<b>£6.90</b>
'The big breakfast on 4' – choose from 10 items.	
<b>BACON / SAUSAGE / EGG SANDWICH</b> .....	<b>£2.75</b>
A tasty traditional sandwich to brighten up your morning.	
<b>Porridge POTS (V)</b> .....	<b>£2.35</b>
Hot Scottish porridge oats pots. Energy in a bowl!	
<b>Croissant or Danish Pastry (VO)</b> .....	<b>£1.90/£2.30</b>
The continental option.	
<b>Toast (V)</b> .....	<b>£0.45</b>
For those of you that enjoy the simple things in life....	
<b>Honey (V)</b> .....	<b>£0.40</b>
Take your pick and liven up those simple things!	
<b>Butter, Jam, Marmalade</b> .....	<b>£0.25</b>

## HOT FOOD

### INTERNATIONAL CUISINE (VO)

Our diverse cuisine will leave you spoilt for choice. Delicious, freshly prepared dishes from around the world. Sample something different every day of the week.

<b>VEGETARIAN/VEGAN</b> .....	<b>£5.25</b>
with one rice/potatoes/vegetables.....	£5.50
with two rice/potatoes/vegetables.....	£6.25
<b>FISH</b> .....	<b>£5.75</b>
with one rice/potatoes/vegetables.....	£6.40
with two rice/potatoes/vegetables.....	£6.80
<b>MEAT WHITE</b> .....	<b>£5.75</b>
with one rice/potatoes/vegetables.....	£6.40
with two rice/potatoes/vegetables.....	£6.80
<b>MEAT RED</b> .....	<b>£5.95</b>
with one rice/potatoes/vegetables.....	£6.60
with two rice/potatoes/vegetables.....	£7.05
<b>STIR-FRY BAR</b> .....	<b>£7.20</b>
Choose your choice of fresh ingredients and get creative! We'll stir-fry to your taste right in front of you	
<b>NOODLE BAR</b> .....	<b>£6.25</b>
Street food noodle broths – create your own bowl!	
Spring Rolls.....	£2.40
Chicken Wings.....	£2.70
Chicken Balls.....	£2.70
Prawn Crackers .....	£0.95
<b>MEXICAN BAR</b> .....	<b>£7.40</b>
Fully accredited main meal cooked to order in approximately 10 minutes	
<b>FISH</b> .....	<b>£5.25</b>
A firm favourite- breaded or battered. Great with chips!	
Fish with Chips .....	£6.80
Fish with Chips and Peas .....	£7.80
<b>CHICKEN</b> .....	<b>£5.75</b>
Chips, peas, Mix Leaf (20%).....	£6.80
<b>SOUP OF THE DAY (VO)</b>	
Small bowl.....	£2.75
Large bowl.....	£4.30
<b>ROLL/SPECIALITY BREAD</b> .....	<b>£0.95</b>

## VEGETABLES AND SIDES (V)

For that little bit on the side.

Plain Rice/Plain Pasta .....	<b>£1.40</b>
Vegetables .....	<b>£1.20</b>
Hash Brown x2 .....	<b>£1.35</b>
Egg/Beans/Tomato/Quorn Sausage .....	<b>£1.45</b>
Sausage/Bacon .....	<b>£1.45</b>
French Fries/Wedges.....	<b>£1.85</b>
Garlic Bread.....	<b>£0.90</b>

## SALADS (V)

Take your pick from the best salad bar on campus – our huge selection of fresh items with choice of dressing. Make the most of your bowl!

Regular Salad Bowl.....	<b>£3.15</b>
Extra Large Salad Bowl .....	<b>£6.00</b>
Salad Bar Portion [per ladle] .....	<b>£1.25</b>
Health Bar Combo .....	<b>£3.50</b>
<i>Healthy yoghurts with fresh seasonal fruits.</i>	

## SANDWICHES AND SNACKS

For a simple yet enjoyable light bite enjoy one of our tasty sandwiches or have a nibble on some of our hunger busting snacks.

<b>SANDWICHES</b> .....	<b>£2.95 - £4.85</b>
<i>A wide range of sandwiches, wraps and baguettes.</i>	
<b>SNACKS</b>	
Kent Crisps.....	<b>£1.50</b>
Popcorn.....	<b>£1.60</b>
<b>ICE CREAM BAR</b>	
Fresh Waffle .....	<b>£5.85</b>
Bao Bun.....	<b>£5.85</b>
<b>SOMETHING SWEET</b>	
Fresh Fruit.....	<b>£0.75</b>
Assorted Biscuits .....	<b>£0.90</b>
Fairtrade KitKat .....	<b>£1.65</b>
Muller Yoghurts.....	<b>£2.40</b>
Fairtrade Flapjacks/Muffins/Cookies/Brownie .....	<b>£2.70</b>
<b>SLICE OF CAKE</b>	
Tregos Toffee Waffle .....	<b>£2.50</b>
Snacking Essentials .....	<b>£2.20</b>

## DRINKS

Sit back, relax and enjoy our range of hot and cold drinks.

### Ditch the disposable, go KeepCup

Bring your reusable cup

25p charge for single-use paper cups

Tea.....	<b>£1.55</b>
Americano.....	<b>£1.85</b>
Cappucino/Latte.....	<b>£2.05</b>
Hot Chocolate .....	<b>£2.05</b>
Hot Water .....	<b>£1.20</b>
Mineral Water (500ml).....	<b>£1.50</b>
Canned Coke (330ml).....	<b>£1.65</b>
Canned Diet Coke (330ml).....	<b>£1.55</b>
Glass of Milk .....	<b>£1.30</b>
Soya Milk Alpro .....	<b>£1.50</b>
Vit-Hit Vitamin Drink .....	<b>£2.55</b>
Bottled Coke (500ml).....	<b>£2.40</b>
Bottled Diet Coke (500ml) .....	<b>£2.15</b>
Dalston Sparkling Drink .....	<b>£2.35</b>
Innocent Fruit Juice.....	<b>£3.05</b>
Innocent Bubbles.....	<b>£2.35</b>
Innocent Smoothies .....	<b>£3.50</b>
Love Struck Smoothies.....	<b>£4.15</b>

## MISCELLANEOUS

LSE KeepCup (includes one free hot drink) .....	<b>£10.75</b>
Disposable Cups and Cutlery .....	<b>£0.25</b>

(V) = Vegetarian  
(VO) = Vegetarian option available



Scan your FOOD CLUB App at the till and receive 5 points for every £1.00 you spend PLUS - buy 9 coffees and get the 10th coffee FREE!

