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#### Hot Drinks

*Fairtrade, Organic and Rainforest friendly, our coffee roasted and ground to perfection, full flavoured and ethical. We can't have a coffee theme and serve mediocre coffee!* Americano/Regular Cappuccino Latte Flat White

Café Mocha Espresso Macchiato Decaffeinated Extra Shot Non-dairy Milk – Almond/Coconut

#### Tea Blends and Infusions

Finest Suki loose leaf teas, herbal infusions and fruit blends from around the world Regular Breakfast Blend Speciality Blends – a mug or pot Fresh Mint

#### Something Different

Hot Chocolate Fresh Fruit Salad Chai Latte Yoghurt with Fresh Fruit Steamed Milk Hot Water Syrup Shot

Early Bird Loyalty Special: 8.30 - 9.30 Any regular HOT drink

#### Iced Drinks Americano over Ice Latte over Ice Frappe – Mocha

(**V**) = VEGETARIAN (**VG**) = VEGAN

**VO**) = VEGETARIAN OPTION AVAILABLE

#### Mineral Water Bottled Coke/Diet

Bottled Coke/Diet Coke San Pellegrino

Made to Order

Freshly Squeezed Juices Freshly squeezed fruit and vegetables – the choice is yours. Natural, healthy and delicious! Smoothies Tasty and nutritious – choose from a simple fruit mix or a super healthy combination of veggies and fruit.

## Hot Food

Soup (**VO**)

Main Course Soup with Rustic Bread A huge bowl of hot, comforting goodness served with rustic bread.

## Warm Salad (**V**) (**VG**)

Handmade using fresh and healthy ingredients Hot Pastries (**VO**) *Freshly baked throughout the day.* 

Plain Croissant Sweet Croissant/Pastries Savoury Pastries Strombolini Pasty

# **Cold Food**

Cold Salad (**VO**) A handmade plate of fresh and healthy ingredients delicately put together.

Artisan Sandwiches (VO)

We bake the bread and hand fill our wholesome sandwiches in our kitchen every day. Why not have one toasted?

## Fresh Fruit and Yoghurt

Fresh Fruit Salad Yoghurt with Fresh Fruit Fresh Fruit

#### Cakes and Cookies

Fine Cookies Muffins Cake Slice Organic Luxury Cakes Quinoa Bars Snacks Kent Crisps